



Forde Abbey Garden

EPP Cushion Pattern

Designed by Suzanne Campion for Liberty

Finished Size 23" x 17"

Skill Level – Intermediate

Forde Abbey Garden EPP Cushion Pattern

My grandmother loved to visit Forde Abbey gardens as it was close to her cottage in Somerset. In this pattern, roses and hedgerow flowers have been fussy cut to create jewel flower blocks within the formal hexagon garden walls. This is the perfect project to enjoy the peaceful process of hand sewing, each stitch a labour of love to pass down the generations. An heirloom cushion for your favorite reading chair or window seat looking out on to your own garden.

This pattern complements the Somerset Garden EPP Quilt also designed for the Heirloom Collection of Liberty Fabrics Lasenby quilting cottons.



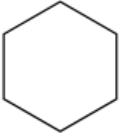




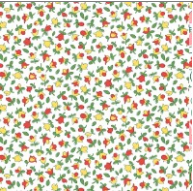







Skill Level: Intermediate

This pattern is suited for someone who has English paper piecing experience. This pattern requires an intermediate knowledge of quilting techniques and terminology. The quilt and block diagrams portrayed are virtual images. The layout and look of your project may differ when using actual fabric.

EQUIPMENT REQUIREMENTS

| Sewing Supplies | | Sewing Equipment |
|---|--|---|
| Total Required | EPP Paper Shapes | Hand sewing needles - size 10 applique or milliners straws Cotton thread - 50 wt or finer Fabric glue pen for basting Straight pins, scissors, fabric marking pen / pencil, fabric clips, thread conditioner, thimble Rotary cutting equipment - mat, ruler, cutter Sewing machine with zipper foot for piping cord, and walking foot if machine quilting. |
| 120 | $\frac{3}{4}$ " Hexagons | |
| 42 | $\frac{3}{4}$ " Diamonds - 60° | |
| 6 | $\frac{3}{4}$ " Triangles - 60° | |
| 74 | 1 $\frac{1}{2}$ " Classic Jewels - 60° | |
| 16 | 1 $\frac{1}{2}$ " Diamonds - 60° | |
| 2 | 1 $\frac{1}{2}$ " Triangles - 60° | |
| 8 | 1 $\frac{1}{2}$ " Half Hexagons | |
| 8 | 1 $\frac{1}{2}$ " Hexagons | |
| Acrylic Template Set with $\frac{3}{8}$ " seam allowance or Template Plastic to make your own | | |
| Cushion Pad – 62cm x 42cm (24.5" x 16.5") – Duck Feather recommended. | | |
| Cotton Wadding / Batting - 65cm x 50cm | | |
| Calico / Lining for front panel – 65cm x 50cm | | |
| Piping Cord (Optional) - 2.25m x 4mm Cord | | |

FABRIC KEY / REQUIREMENTS using Heirloom 2 Collection from Liberty Fabrics

| | | | | |
|---|----------|---|--|---|
|  | Fabric 1 |  | MADDIE BLOSSOM – Lasenby Silhouette White Item Code: 03386404P | 25cm x 110cm WOF (10" x 44") a Long quarter Or, 1x Fat Quarter (20" x 22") |
|  | Fabric 2 |  | MARGUERITE MEADOW Item Code: 016668111B | 25cm x 110cm WOF (10" x 44") a Long quarter Or, 1x Fat Quarter (20" x 22") |
|  | Fabric 3 |  | LITTLE BUDS Item Code: 016668113B | 25cm x 110cm WOF (10" x 44") a Long quarter Or, 1x Fat Quarter (20" x 22") |
|  | Fabric 4 |  | HEDGEROW BLOOM Item Code: 016668110B | 50cm x 110cm WOF (20" x 44") |
|  | Fabric 5 |  | POSY SPRIG Item Code: 016668112B | 25cm x 110cm WOF (10" x 44") a Long quarter Or, 1x Fat Quarter (20" x 22") |
| Piping Cord | Fabric 6 |  | ULTRAMARINE - Emily Belle Item Code: 01666442A | 50cm x 110cm WOF (20" x 44") Can be made from a Fat quarter, however you will have more seams. |
| Cushion Back | Fabric 7 |  | POPPY - Wiltshire Shadow Item Code: 01666514A | 50cm x 110cm WOF (20" x 44") |
| Cushion Back feature panel | Fabric 8 |  | FLORAL JOY Item Code: 016668114B | 1x Fat Quarter (20" x 22") |

MAKING INSTRUCTIONS FOR ENGLISH PAPER PIECED CUSHION FRONT

The layout chart below details the shapes that need to be cut from each fabric for the EPP front panel.

| Cushion Front Panel Layout | | Fabric / EPP requirements | | |
|----------------------------|----------|---------------------------|---------------------------------|-----------------------------|
| | Fabric 1 | | 78 | $\frac{3}{4}$ " Hexagons |
| | Fabric 2 | | 42 | $\frac{3}{4}$ " Diamonds |
| | | | 6 | $\frac{3}{4}$ " Triangles |
| | | | 16 | 1 $\frac{1}{2}$ " Diamonds |
| | | | 2 | 1 $\frac{1}{2}$ " Triangles |
| | Fabric 3 | | 30 | $\frac{3}{4}$ " Hexagons |
| | | | 32 | 1 $\frac{1}{2}$ " Jewels |
| | Fabric 4 | | 42 | 1 $\frac{1}{2}$ " Jewels |
| | Fabric 5 | | 12 | $\frac{3}{4}$ " Hexagons ** |
| | | | 8 | 1 $\frac{1}{2}$ " Hexagons |
| | | 8 | 1 $\frac{1}{2}$ " Half Hexagons | |

** fussy cut the $\frac{3}{4}$ " Hexagons before cutting the other shapes in Fabric 5

Fussy Cutting Layout Instructions

The following layouts enable you to fussy cut selected sections of the fabric to create the English paper pieced shapes.

You can achieve accurate results if use acrylic templates or, you can trace the provided templates on quilters template plastic.

On the wrong side of the fabric, position the template as required and draw around the outer edges; this will be your cutting line.

Take extra care to cut all shapes in a set the same, remembering to mark points on the back of the fabric for accurate piecing. For best results, press fabric before marking shapes and cutting.

The Centre / basting start part of the shapes are marked with a ★

Jewel Flower A (2 jewel flower blocks required)

Cut 12 x 1.5" Classic Jewels



Jewel Flower B (2 jewel flower blocks required)

Cut 12 x 1.5" Classic Jewels



Jewel Flower C (2 jewel flower blocks required)

Cut 12 x 1.5" Classic Jewels



Jewel Flower D

Cut 6 x 1.5" Classic Jewels



Fabric 5 – Inner Hexagons

Cut 12 x 3/4" Hexagons

6 with the same blue flower motif and 6 with the pink motif as shown right.



Cutting other fabric for EPP shapes

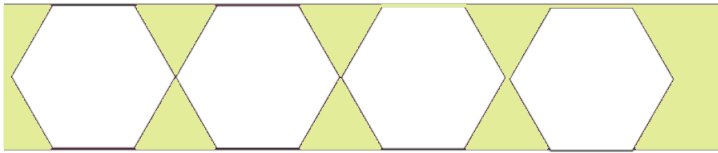
If not fussy cutting you can cut the following shapes from strips of fabric using your templates.

Fabric strips can be folded in half, so two shapes can be cut at a time. A rotary cutting mat would be an ideal tool for this and a 28mm rotary cutter. For best results, press fabric before cutting.

$\frac{3}{4}$ " Diamonds – cut from **1 $\frac{3}{8}$ "** strips of width of fabric.



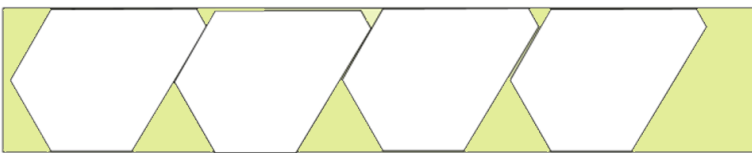
$\frac{3}{4}$ " Hexagons – cut from **2"** strips of width of fabric.



1 $\frac{1}{2}$ " Diamonds – cut from **2"** strips of width of fabric.



1 $\frac{1}{2}$ " Classic Jewels – cut from **2"** strips of width of fabric.



1 $\frac{1}{2}$ " Half hexagons - cut from **2"** strips of width of fabric.



1 $\frac{1}{2}$ " Hexagons - cut from **3 $\frac{3}{8}$ "** strips of width of fabric.



Basting fabric around paper pieces

Personally, I prefer the speed and accuracy from glue basting; however, traditional thread basting can be used if preferred.

Top Tip - wrap the fabric around your pieces in the same direction to ensure that the pieces will nest together and make it easier for you when sewing together and allow the pieces to lay flat.

I tend to work around the shapes anti clockwise as shown right.



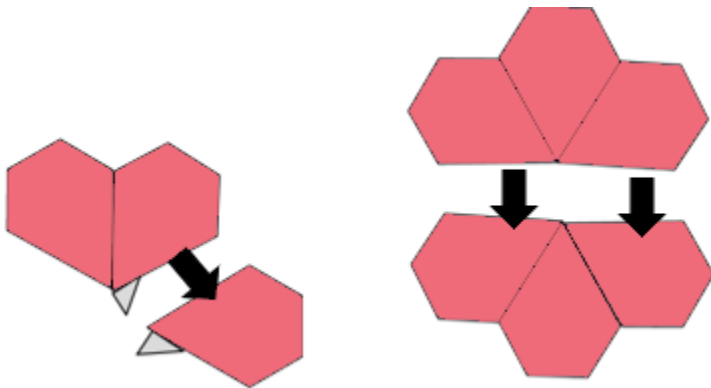
Assembly of EPP Blocks

Once you have cut and basted the EPP shapes they are ready for stitching together, using a whip stitch.

Top Tip – Place your needle in at 90° and this will make sure minimum stitching shows on the right side.

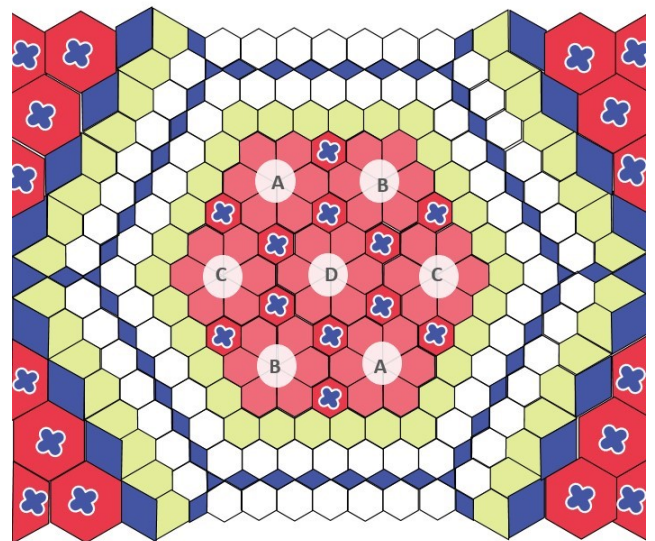
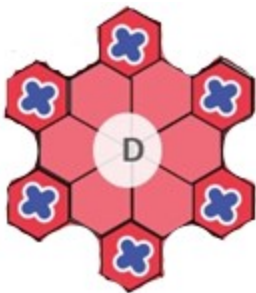
If you are sewing a light and dark fabric together, I recommend matching your thread to the lighter fabric.

Firstly, you will need to assemble the jewel flowers fussycut from Fabric 4 by stitching together in two halves as shown below.



Refer to the diagram right for placement of your EPP shapes.

Firstly, start with the centre jewel flower block D and add the 6 inner hexagons cut from Fabric 5 featuring the blue flower motif.

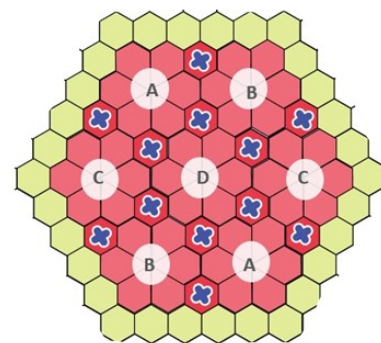


Then add jewel blocks A, B and C and add other hexagons featuring the pink floral motif.

Continue by adding the $\frac{3}{4}$ " hexagons in Fabric 3.

At this point it would be a good idea to remove some of the papers to reduce weight when hand sewing. Press the panel and remove all papers apart from the outer ring of hexagons.

Continue by adding a round of white Fabric 1 hexagons following the layout chart above.



Once complete, remove all papers and press quilt cushion front panel.

CUSHION ASSEMBLY

Now you can add quilting to your cushion front.

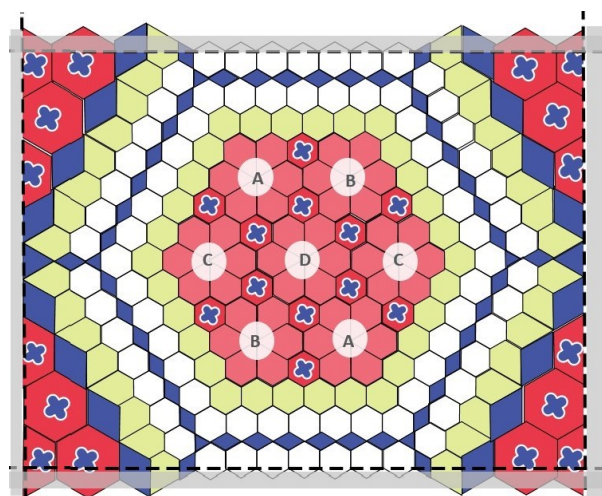
Layer your quilt sandwich by placing your cushion front backing fabric right side down. Then place your cotton wadding down and finally your EPP cushion front.

Baste all layers with quilter's safety pins or your preferred method.

Quilt as desired by machine, hand or a combination of both

Once quilted, trim and square cushion front panel to 24" x 18".

The black dotted line shows the stitch line, add $\frac{1}{2}$ " around for seam allowance for cushion front panel.



Piping Cord (Optional Extra)

As an optional extra this cushion can be finished with piping cord.

To make fabric covered piping cord, cut $1\frac{1}{2}$ " strips on the bias / 45° .

You will need to cut enough strips to cover a 2.25m length of cord.

Join strips with wrong side together using a $\frac{1}{4}$ " seam and press seams open.

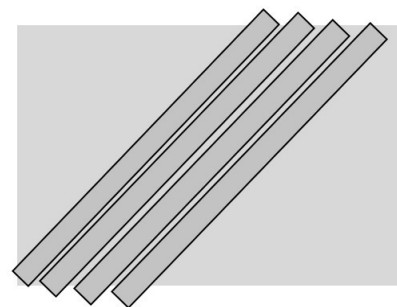
Fold fabric bias strip around 4mm cord.

Using a zipper foot, and a long basting stitch, stitch as close to the cord as possible.

Now attach fabric covered piping cord to the right side of the front cushion panel, raw edges together.

Sew a $\frac{1}{2}$ " seam using your zipper foot stitching as close as possible to the cord by moving the needle position. Binding clips are useful for holding cord in place.

Clip the flange of the fabric covered piping cord to allow it to sit smoothly around the corners.



Cushion Back Panels



From your cushion back panel fabric (Fabric 7) cut a 16" x 18" piece for the left hand side and an 18.5" x 18" pieces for the right hand side of the envelope back.

From your cushion back feature fabric (Fabric 8) cut a 6" x 18" strip.

Place the right side of the feature fabric strip to the wrong side of the Right Hand back panel, (18.5" x 18")

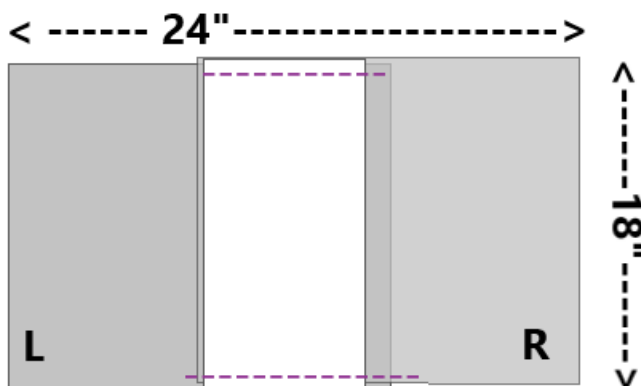
Stitch ¼" seam.

Press to the right side(front) of the panel.

Press under ¼" on the other long side of the feature strip. Top stitch ⅛" from each edge.

On the left hand back panel piece, (16" x 18") press under ¼" on one long edge and fold over another ½" hem. Top stitch close to the folded edges. To form envelope back, overlap back panels, right side facing up, to form a 24" x 18" rectangle, the same size as the front.

The hemmed panel piece should be on the bottom with the feature strip on the top. Baste to keep in place as shown in the diagram.



Sew the cushion front and the back together with a ½" seam, right side together. Trim and finish seams as required. Turn right side out. Press and place cushion pad in.

Sit back and enjoy your cushion!

TEMPLATES

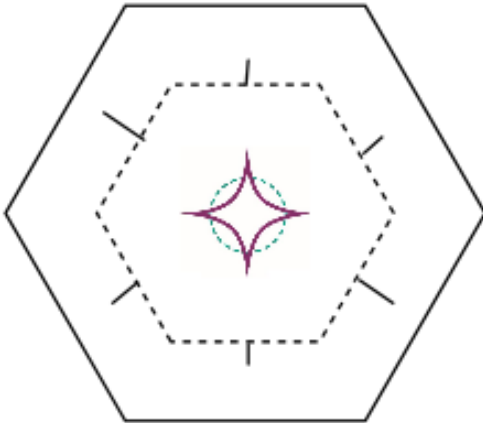
When printing template pages please check your printer is set to actual size.

A test square has been provided for you to check.

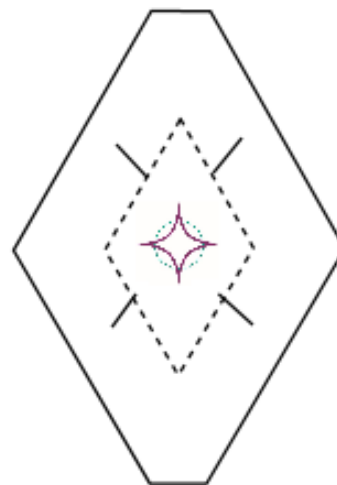
TOP TIP -The triangles can be cut by using the diamond templates as shown below to create a seam allowance.



$\frac{3}{4}$ " Hexagon

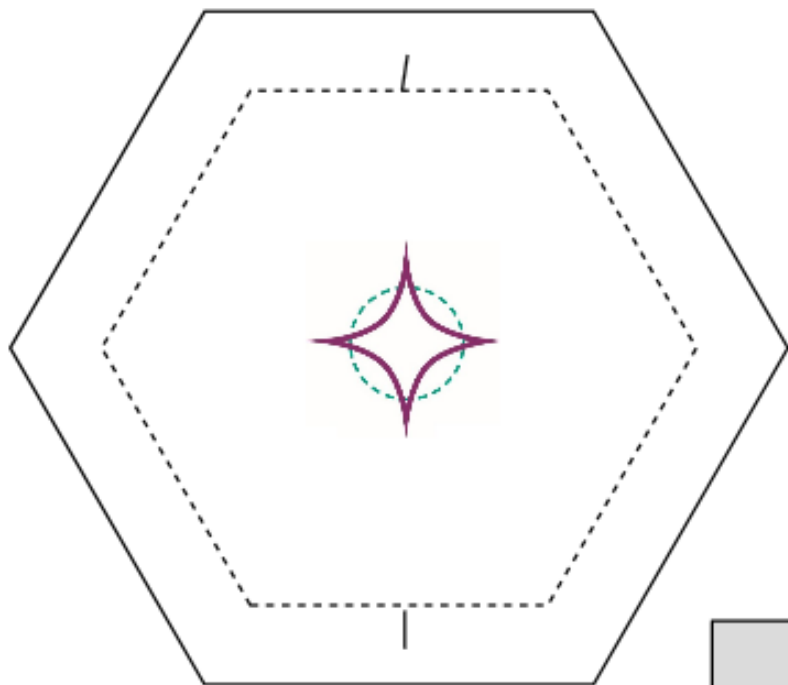


1" Test Square

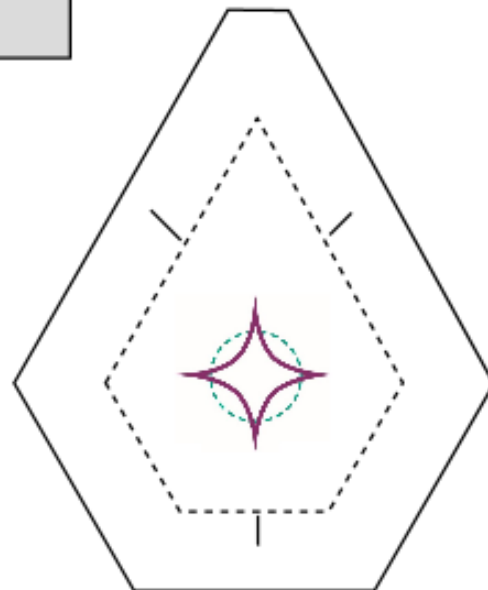
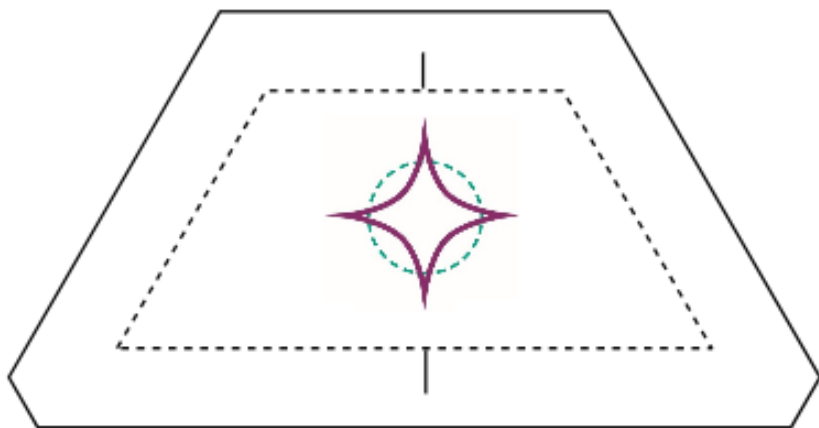
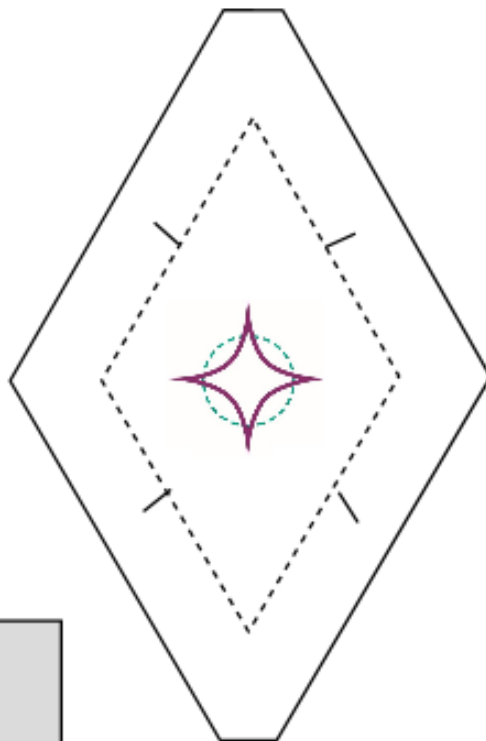


$\frac{3}{4}$ " Diamond - 60°

1 1/2" Hexagon



1 1/2" Diamond - 60°



1 1/2" Half Hexagon

1 1/2" Classic Jewel - 60°