



MEADOW FLOWERS

APRON PATTERN



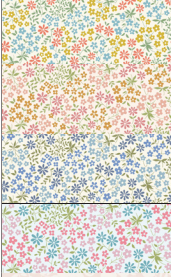
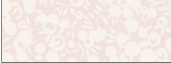
APPROX SIZE: 28" X 18"



PAULA STEEL

MODERN QUILT DESIGN

FABRIC REQUIREMENTS

Fabric	Fabric Name	Quantity Yards	Quantity Metres	Fabric Code
	Adelaide's Song A	FQ	FQ	01667529A
	Adelaide's Song B	FQ	FQ	01667529B
	Adelaide's Song C	FQ	FQ	01667529C
	Adelaide's Song D	FQ	FQ	01667529D
	Bumble Trellis A	FQ	FQ	01667530A
	Bumble Trellis B	FQ	FQ	01667530B
	Bumble Trellis C	FQ	FQ	01667530C
	Bumble Trellis D	FQ	FQ	01667530D
	Floral Keepsakes A	FQ	FQ	01667527A
	Floral Keepsakes B	FQ	FQ	01667527B
	Floral Keepsakes C	FQ	FQ	01667527C
	Floral Keepsakes D	FQ	FQ	01667527D
	Poppy Breeze A	FQ	FQ	01667528A
	Poppy Breeze B	FQ	FQ	01667528B
	Poppy Breeze C	FQ	FQ	01667528C
	Poppy Breeze D	FQ	FQ	01667528D
	Wildflower Garden A	FQ	FQ	01667526A
	Wildflower Garden B	FQ	FQ	01667526B
	Wildflower Garden C	FQ	FQ	01667526C
	Wildflower Garden D	FQ	FQ	01667526D
	Wiltshire Shadow Oyster White	3/4yd	3/4m	01666503A
	*Fusible woven interfacing	1¼yds	1m	
	**Heat n Bond Lite	1/2yd	1/2m	

* Based on 90cm (35") wide Vlieseline G700

** Based on 43cm (17") wide - alternatives like Bond a web can be used

PATTERN NOTES

Welcome to my pattern written exclusively for Liberty Fabrics. This pattern uses simple machine appliqué and the Meadow Flowers collection to create a gorgeous apron.

Pattern Notes:

- All seams are $\frac{1}{4}$ " throughout the pattern
- WOF - Width of fabric (selvedge to selvedge assumes at least 40" width)
- WOFQ - Width of a fat quarter or fat eighth (assumes at least 20" width)
- RST - Right sides together



Flower 1



Flower 2

THE FLOWERS

The flowers are created using raw edge appliqué for a simple way to achieve a gorgeous home sewn finish. The cutting instructions include cutting squares and rectangles that are then used to create the templates. Below is a list of the squares and rectangles included in the cutting instructions and which flowers they create.

Flower 1 - Uses (x7) 3" squares of fabric

Flower 2 - Uses (x7) 3" x 4" rectangles

If you would prefer to use another method of appliqué such as needle turn then add a small seam allowance to the templates included.

CUTTING GUIDE



From **each** of the 20 Meadow Flowers fabrics, cut:

- (x4) 4" squares (total 80 squares)

From the Bumble Trellis A fabric, cut:

- (3x) 2" WOFQ strip, sew together into a long strip and then cut into (x2) 28½" strips

From the remaining Meadow Flowers fabrics cut a **total** of:

- » (x14) 3" squares
- » (x7) 3" x 4" rectangles
- » (x8) 8½" x 6" rectangles

From the Wiltshire Shadow Oyster White fabric, cut:

- (2x) 28½ x 10¾" rectangles for the pocket

From the fusible interfacing, cut:

- (1x) 28½ x 18" rectangle for the front piece
- (x1) 28½" x 10¾" for the pocket front

PREPARING THE APRON BACKGROUND



Fig 1

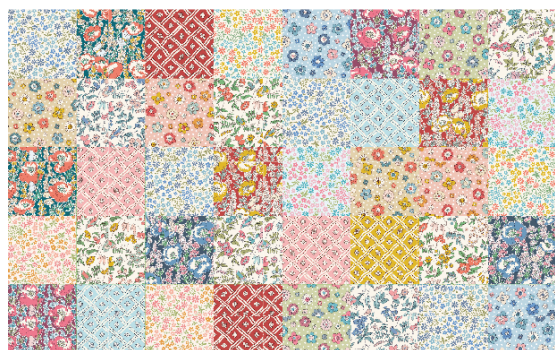


Fig 2

STEP 1 - Let's create the apron background fabric first. The front and back are made from 4" squares from the whole collection. Layout forty (40) of your squares into a 5x8 grid, mixing the fabrics so that you have wonderful scrappy look (Fig 1).

STEP 2 - Sew the squares into five rows and then sew the rows together. I like to press the seams of each row to opposite sides so that I can nest the seams (Fig 2).

STEP 3 - Repeat with the remaining forty (40) 4" squares to create the back of the apron.

STEP 4 - Using the manufacturers instructions adhere the fusible woven interfacing onto the back of one of the patchwork pieces. This is your front piece.

PREPARE THE STRAP



Photo A



Photo B



Photo C

STEP 5 - Take the eight (8) 8½" x 6" rectangles and sew together along the short edges using a 1/4" seam and creating a long strip. Press the seams open (Photo A).

STEP 6 - Press the long strip in half lengthways, open out and then fold the raw edges into the centre (pressed line). Press and then fold in half again and re-press (Photo B and C).

STEP 7 - At the two short ends fold the raw edges in by 1/4" and secure with a clip. DO NOT top stitch any of the strap yet! Pop aside until STEP 30.

STRAP LENGTH:

You may want to adjust the strap length. If you are making this for yourself you may wish to place the strap around your waist, tie a nice loose bow and then see if there is any excess you would like to trim down or if you need to add an extra 8½" x 6" rectangle.

PREPARING THE APPLIQUÉ PIECES

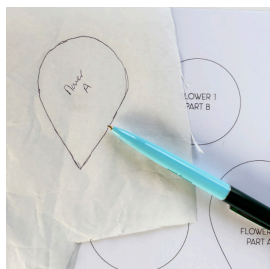


Photo D

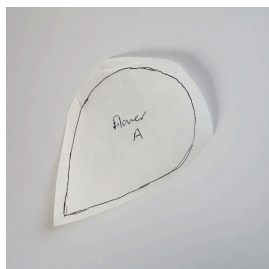


Photo E

STEP 8 - Trace the flower template onto the paper side of the fusible web/paper. I like to use Heat n Bond lite for machine appliqué. (Photo D)

STEP 9 - Cut around the drawn line roughly, leaving approx. ¼" you don't need to be exact. (Photo E)

STEP 10 - Place the Heat n Bond on the wrong side of the fabric and following the manufacturer's instructions, fuse to the fabric. (Photo F)

STEP 11 - Leave to cool and then trim on the drawn line. Your piece of appliqué is now ready to adhere to your pocket fabric. (Photo G)



Photo F



Photo G

STEP 12 - Using the flower templates and the instructions in steps 7 to 10 prepare the following appliqué pieces, note you will need one piece of fusible web/paper and one piece of fabric for each:

- Flower 1 - Twelve (12) Part A and two (2) Part B from the 3" squares of various fabrics
- Flower 2 - Six (6) Part A and One (1) Part B from the 3" x 4" rectangles of various fabrics

CREATING THE FLOWERS

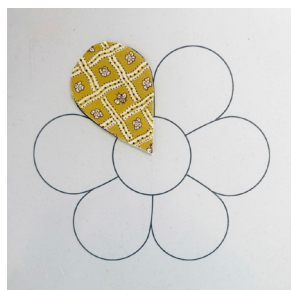


Photo H

Before we stick the pieces to the pocket fabric we will prepare the flowers so they are one piece. You will need an appliqué mat or some non-stick parchment paper. Appliqué pieces are stuck down in a specific order with the furthest back stuck down first. To get the pieces in the correct place we can place a flower diagram under the appliqué mat and use this to lay the pieces down.

STEP 13 - To stick down the first appliqué piece, peel back the paper from the Heat n Bond side, place fabric side up on top of the appliqué mat and covering one of the flower petals on the diagram. (Photo H)



Photo I

STEP 14 - Take a petal for the next flower and using the same method place over the next petal on the diagram. There will be a slight overlap. (Photo I)

STEP 15 - Continue adding petals around the flower until all of the petals are covered and then add the centre circle on top (Photo J). Press all of the pieces so that they stick together, as long as you are using an appliqué mat or non-stick parchment you will be able to peel the flower back and then place on the pocket once ready.



Photo J

STEP 16 - Using the appliqué pieces, the same method as above and the flower diagrams prepare the following:

- Two (2) Flower 1
- One (1) Flower 2

PREPARING THE POCKET

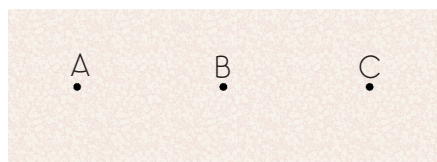


Fig 3

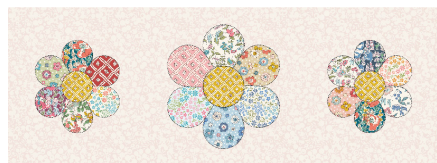


Fig 4

STEP 17 - Take one of the 28½" x 10¾" Wiltshire Shadow Oyster fabric rectangles and using the manufacturers instructions adhere the fusible woven interfacing onto the back of the rectangle. This is your front piece.

STEP 18 - Mark the pocket in the following way (Fig 3).

- » A - 4¾" in from the left hand side, half way up.
- » B - 14¼" in from the left hand side half way up.
- » C - 4¾" in from the right hand side half way up.

STEP 19 - Place the flowers onto the marked dots, the small flower 1 on A and C and the large flower 2 on B (Fig 4).

STEP 20 - Use the appliqué tips and tricks below to stitch down the flowers.

STITCHES - Depending on your machine you may have a choice of stitches in varying widths. Make sure you attach a wide foot, ideally an open foot so that you can easily see the edges of the fabric. I like to use a simple blanket stitch but you can experiment with different stitches or free-motion around the edge of the pieces for a hand drawn look.

THREAD - When choosing thread, the thicker the thread the more it will stand out. So, if you want a subtle stitch line choose a thin thread, such as Aurifil 80wt, but if you would like contrast in texture then use a thicker thread such as Aurifil 28wt.

ORDER - I like to start with the pieces that are furthest back, so that is the petals. You do not need to stitch where the shape goes under another piece.

STITCHING - To start stitching line up the edge of the appliqué with the centre of the foot, the centre marker on the foot will help you to keep it in line. If you are using a side stitch, like a blanket stitch and if your machine will allow, you can move the needle over to the edge of the foot and use this as your marker.

Bring up the bobbin thread and then start stitching around the appliqué shape. When sewing around a tight curve or corner leave your needle down and lift your presser foot. Once lifted you can manoeuvre the fabric without moving the needle. Once you have the fabric where needed, put the presser foot down and continue stitching. When you come to the end of the appliqué shape lock stitch and trim away any excess thread.



Photo K



Photo L

STEP 21 - Place the two pocket pieces wrong sides together and then sew around the edges with a 1/8" seam, this will stop the two layers moving.

STEP 22 - Take the 2" Bumble Trellis binding strips and press in half lengthways, open out and then fold the raw edges into the centre (pressed line). Press and then fold in half again and re-press (Photos K & L)

STEP 23 - Place the folded binding strip over the top of the pocket and top stitch approx 1/8" from the bottom edge (Photo M). Repeat for the bottom edge.



Photo M

SEWING THE APRON TOGETHER

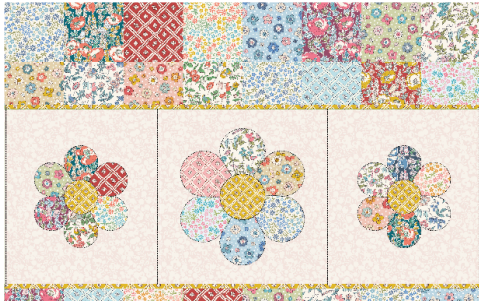


Fig 5

STEP 24 - Place the completed pocket on top of the apron front so that it is approx 1½" up from the bottom (Fig 5).

STEP 25 - Make sure your pocket is nice and straight and then sew along the left and right hand edges with a 1/8" seam, to help hold in place.

STEP 26 - Stitch along the bottom pocket binding 1/8" from the bottom, this should mirror your previous top stitching on the binding.

STEP 27 - With an erasable or Hera marker draw and stitch 2 lines from top to bottom on the pocket. One line 9¼" in from the left hand side and the second 9¼" in from the right hand side. This should be in the middle of the flowers and will create the separate pockets. Make sure you secure the stitches at the top and bottom.

STEP 28 - Place the apron front and back right sides together and sew along the bottom, left and right hand sides using a 1/4" seam. Leave the top open.

STEP 29 - Snip the corners and then turn the apron piece right sides out and mark a point halfway across the top.



Photo N

STEP 30 - Take the strap and find the centre point. Match up this centre point with the centre of the apron and slide the strap over the top edge of the apron piece. Pin or clip in place to hold (Photo N).

STEP 31 - To finish your apron, top stitch along both long edges and short edges of the strap.

I hope you enjoy my pattern if you'd like to see more of what I do then check out my website or find me hanging out on Instagram @paulasteelquilts.

Until next time Bye!

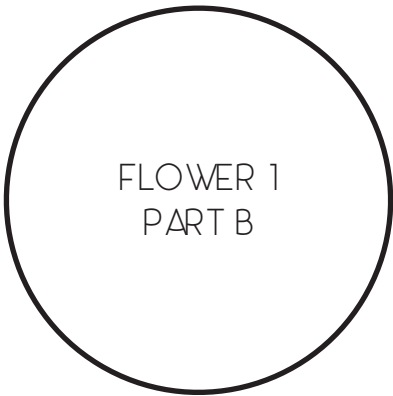
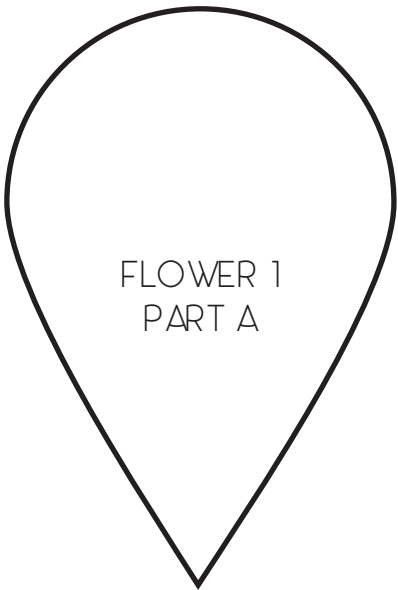
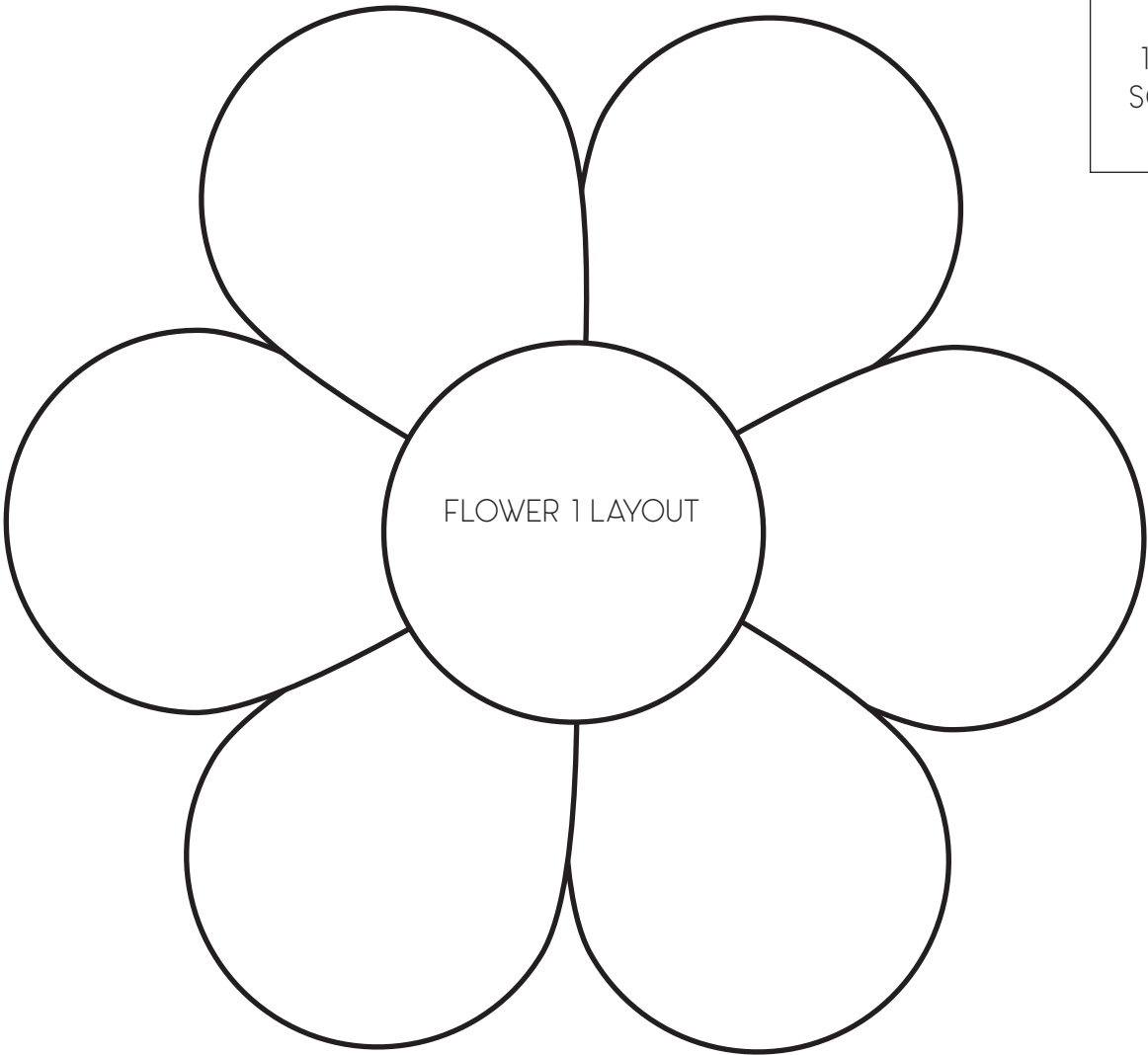

PAULA STEEL
MODERN QUILT DESIGN

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Meadow Flowers Apron Pattern by Paula Steel

1" TEST
SQUARE



1" TEST
SQUARE

FLOWER 2 LAYOUT

FLOWER 2
PART B

FLOWER 2
PART A