



MEADOW FLOWERS

WALL HANGING PATTERN



QUILT SIZE: 36" X 36"



PAULA STEEL

MODERN QUILT DESIGN

PATTERN NOTES & REQUIREMENTS



Welcome to my pattern written exclusively for Liberty Fabrics. This pattern uses simple machine appliqué, combined with simple patchwork to create a gorgeous wall hanging. Using the wonderful Meadow Flowers collection you can create a garden of Liberty blooms, enough to brighten any day.

Pattern Notes:

- All seams are $\frac{1}{4}$ " throughout the pattern
- WOF - Width of fabric (selvedge to selvedge assumes at least 40" width)
- WOFQ - Width of a fat quarter or fat eighth (assumes at least 20" width)
- RST - Right sides together
- BKGD - Background Fabric

THE FLOWERS



Flower 1



Flower 2



Flower 3



Flower 4

The flowers are created using raw edge appliqué for a simple way to achieve a gorgeous home sewn finish. The cutting instructions include cutting squares and rectangles that are then used to create the templates. Flowers 1 and 2 are made using a mix of all of the fabrics. You will have more than enough fabric to create these in your own way. Flowers 3 and 4 have suggested fabrics but you can of course change these. Below is a list of the squares and rectangles included in the cutting instructions and which flowers they create.

Flower 1 - Uses (x7) 3" squares of fabric

Flower 2 - Uses (x7) 3" x 4" rectangles

Flower 3 - Uses (x2) 4½" x 3½" rectangles

Flower 4 - Uses a (x1) 6½" x 5½" and a (x1) 4½" x 3½" rectangle, plus two leaves

In addition leaves and stems are created from the August Meadow Gooseberry fabric.

If you prefer finished edges then you can of course add a small seam to the templates and then use a needle turn or other preferred method.

FABRIC REQUIREMENTS

Fabric	Fabric Name	Quantity Yards	Quantity Metres	Fabric Code
	Adelaide's Song A	FQ	FQ	01667529A
	Adelaide's Song B	FQ	FQ	01667529B
	Adelaide's Song C	FQ	FQ	01667529C
	Adelaide's Song D	FQ	FQ	01667529D
	Bumble Trellis A	FQ	FQ	01667530A
	Bumble Trellis B	FQ	FQ	01667530B
	Bumble Trellis C	FQ	FQ	01667530C
	Bumble Trellis D	FQ	FQ	01667530D
	Floral Keepsakes A	FQ	FQ	01667527A
	Floral Keepsakes B	FQ	FQ	01667527B
	Floral Keepsakes C	FQ	FQ	01667527C
	Floral Keepsakes D	FQ	FQ	01667527D
	Poppy Breeze A	FQ	FQ	01667528A
	Poppy Breeze B	FQ	FQ	01667528B
	Poppy Breeze C	FQ	FQ	01667528C
	Poppy Breeze D	FQ	FQ	01667528D
	Wildflower Garden A	FQ	FQ	01667526A
	Wildflower Garden B	FQ	FQ	01667526B
	Wildflower Garden C	FQ	FQ	01667526C
	Wildflower Garden D	FQ	FQ	01667526D
	Wiltshire Shadow Oyster White	3/4yd	3/4m	01666503A
	Emily Belle Caterpillar	1/2 yd	1/2m	01666440A
	August Meadow Gooseberry	1/2 yd	1/2m	01666892A
	**Heat n Bond Lite	1/2yd	1/2m	

* Based on 43cm (17") wide - alternatives like Bond a web can be used

CUTTING GUIDE



From each of the Adelaide's Song fabrics, cut:

- (1x) 6½" WOFQ strip, sub cut into;
 - » (x2) 6½" x 9½ rectangles
- (1x) 3" WOFQ strip, sub cut into;
 - » One (1) 3" x 4" rectangle
 - » Two (2) 3" squares



From each of the Bumble Trellis A and D fabrics, cut:

- (1x) 11½" WOFQ strip, sub cut into;
 - » (x1) 14½" x 11½ rectangle
- (1x) 3" WOFQ strip, sub cut into;
 - » One (1) 3" x 4" rectangle
 - » Two (2) 3" squares
- (1x) 3½" WOFQ strip, sub cut into;
 - » Two (2) 4½" x 3½" rectangles



From each of the Floral Keepsakes A & D fabrics, cut:

- (1x) 11½" WOFQ strip, sub cut into;
 - » (x1) 12½" x 11½ rectangle
- (1x) 3" WOFQ strip, sub cut into;
 - » One (1) 3" x 4" rectangle
 - » Two (2) 3" squares
 - » One (1) 6½" x 5½" square



From each of the Poppy Breeze A & D fabrics, cut:

- (1x) 11½" WOFQ strip, sub cut into;
 - » (x1) 14½" x 11½ rectangle
- (1x) 3" WOFQ strip, sub cut into;
 - » One (1) 3" x 4" rectangle
 - » Two (2) 3" squares



From the Wiltshire Shadow Oyster White fabric, cut:

- (3x) 36½ x 6½" rectangles



From the Emily Belle Caterpillar fabric, cut:

- (4x) 2½" WOF strips for binding



From each of the Wildflower fabrics, cut:

- (1x) 6½" WOFQ strip, sub cut into;
 - » (x1) 6½" x 9½ rectangles
- (1x) 3" WOFQ strip, sub cut into;
 - » One (1) 3" x 4" rectangle
 - » Two (2) 3" squares



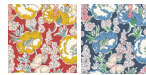
From each of the Bumble Trellis B and C fabrics, cut:

- (1x) 9½" WOFQ strip, sub cut into;
 - » (x1) 14½" x 9½ rectangle
- (1x) 3" WOFQ strip, sub cut into;
 - » One (1) 3" x 4" rectangle
 - » Two (2) 3" squares
- (1x) 3½" WOFQ strip, sub cut into;
 - » One (1) 4½" x 3½" rectangle



From each of the Floral Keepsakes B & C fabrics, cut:

- (1x) 9½" WOFQ strip, sub cut into;
 - » (x1) 12½" x 9½ rectangle
- (1x) 3" WOFQ strip, sub cut into;
 - » One (1) 3" x 4" rectangle
 - » Two (2) 3" squares
 - » One (1) 6½" x 5½" square



From each of the Poppy Breeze B & C fabrics, cut:

- (1x) 9½" WOFQ strip, sub cut into;
 - » (x1) 14½" x 9½ rectangle
- (1x) 3" WOFQ strip, sub cut into;
 - » One (1) 3" x 4" rectangle
 - » Two (2) 3" squares
- (1x) 3½" WOFQ strip, sub cut into;
 - » One (1) 4½" x 3½" rectangle



From the August Meadow Gooseberry fabric, cut:

- (3x) 3" WOF strips, sub cut each strip into;
 - » (x44) 3" x 2 rectangles
- (1x) 7" WOFQ strip, sub cut into;
 - » Twelve (12) 1¼" x 7" rectangles

PREPARING THE APPLIQUÉ



Fig 1



Fig 2

STEP 1 - Let's create the background piece first. Take the 6½" x 9½" Wildflower and Adelaide's song rectangles and lay out into the following three rows (Fig 1).

- Create two (2) rows of Adelaide's song fabrics. Left to right Adelaide's song A - C - B - D
- Create one (1) row of the Wildflower fabrics. Left to right Wildflower D - C - B - A

STEP 2 - Sew the three rows together with a 6½" x 36½" Wiltshire Shadow Oyster White strip between each row (Fig 2).

PREPARING THE APPLIQUÉ

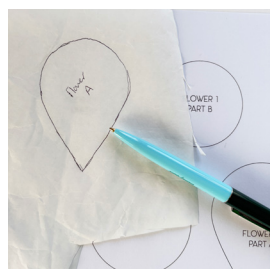


Photo A



Photo B

STEP 3 - Trace the flower template onto the paper side of the fusible web/paper. I like to use Heat n Bond lite for machine appliqué. (Photo A)

STEP 4 - Cut around the drawn line roughly, leaving approx. ¼" you don't need to be exact. (Photo B)



Photo C



Photo D

STEP 5 - Place the Heat n Bond on the wrong side of the fabric and following the manufacturer's instructions, fuse to the fabric. (Photo C)

STEP 6 - Leave to cool and then trim on the drawn line. Your piece of appliqué is now ready to adhere to your background fabric. (Photo D)

STEP 7 - Using the flower templates and the instructions in steps 3 to 6 prepare the following appliqué pieces, note you will need one piece of fusible web/paper and one piece of fabric for each:

- Flower 1 Part A - Twenty-four (24) from the 3" squares of various fabrics
- Flower 1 Part B - Four (4) from the 3" squares of various fabrics
- Flower 2 Part A - Twelve (12) from the 3" x 4" rectangles of various fabrics
- Flower 2 Part B - Two (2) from the 3" x 4" rectangles of various fabrics
- Flower 3 Part A - One (1) each of Bumble Trellis A and D from 4½" x 3½" rectangles
- Flower 3 Part B - One (1) each of Poppy Breeze B and C from 4½" x 3½" rectangles
- Flower 4 Part A - One (1) each of Floral Keepsakes A,B,C and D from 6½" x 5½" rectangles
- Flower 4 Part B - One (1) each of Bumble Trellis A,B,C and D from 4½" x 3½" rectangles
- Leaf 1 Part A - Eighteen (18) from August Meadow Gooseberry
- Leaf 1 Part B - Eighteen (18) from August Meadow Gooseberry
- Leaf 2 Part A - Four (4) from August Meadow Gooseberry
- Leaf 2 Part B - Four (4) from August Meadow Gooseberry
- Stalk - Twelve (12) from August Meadow Gooseberry

CREATING THE FLOWERS

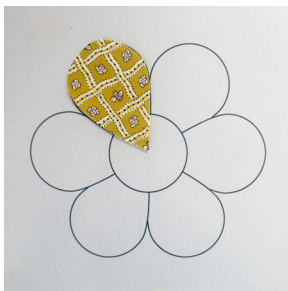


Photo E



Photo F



Photo G

Before we stick the pieces to the background fabric we will prepare the flowers so they are one piece. You will need an appliqué mat or some non-stick parchment paper. Appliqué pieces are stuck down in a specific order with the furthest back stuck down first. To get the pieces in the correct place we can place a flower diagram under the appliqué mat and use this to lay the pieces down.

STEP 8 - To stick down the first appliqué piece, peel back the paper from the Heat n Bond side, place fabric side up on top of the appliqué mat and covering one of the flower petals on the diagram. (Photo E)

STEP 9 - Take a petal for the next flower and using the same method place over the next petal on the diagram. There will be a slight overlap. (Photo F)

STEP 10 - Continue adding petals around the flower until all of the petals are covered and then add the centre circle on top. Press all of the pieces so that they stick together, as long as you are using an appliqué mat or non-stick parchment you will be able to peel the flower back and then place on the background once ready (Photo G).

STEP 11 - Using the appliqué pieces, the same method as above and the four flower diagrams prepare the following:

- Four (4) Flower 1
- Two (2) Flower 2
- Two (2) Flower 3
- Four (4) Flower 4

LAYING OUT THE TOP

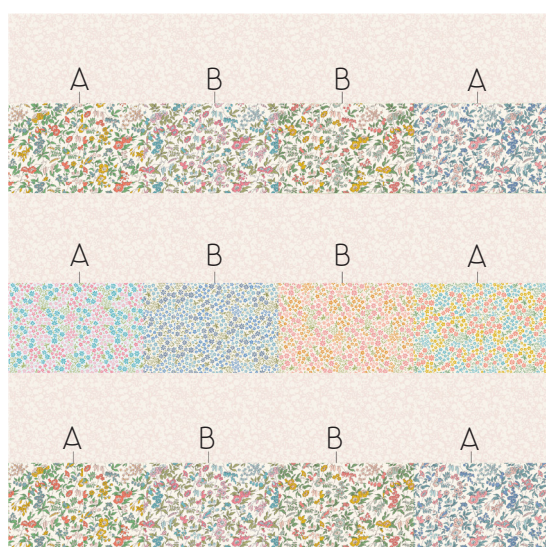


Fig 3

STEP 12 - Mark the quilt top in the following way (Fig 3).

A - $4\frac{3}{4}$ " in from the left hand side where the print fabric meets the Wiltshire Shadow fabric.

B - $13\frac{3}{4}$ " in from the left hand side where the print fabric meets the Wiltshire Shadow fabric.

C - $4\frac{3}{4}$ " in from the right hand side where the print fabric meets the Wiltshire Shadow fabric.

D - $13\frac{3}{4}$ " in from the right hand side where the print fabric meets the Wiltshire Shadow fabric.

STEP 13 - Peel back the paper from the stalks and twelve (12) Leaf 1 Part A and twelve (12) Leaf 1 Part B pieces. Place (but do not press) a Stalk piece over the marked lines, so that the stalk starts at the seam between the Wiltshire Shadow and the printed fabric.

STEP 14 - Before pressing in place add two each of Leaf 1 Parts A and B just under alternative stalks, starting with the second one in. The first row of leaves is approx 1¼" up from the seam, the second row is approx 3½" up from the seam. Press all leaves and stalks in place (Fig 4).

STEP 15 - For the remaining stalks add a pair of leaves (A & B) to the stalks approx 2" up from the seam and slightly overlapping each other. Press in place. (Fig 5)

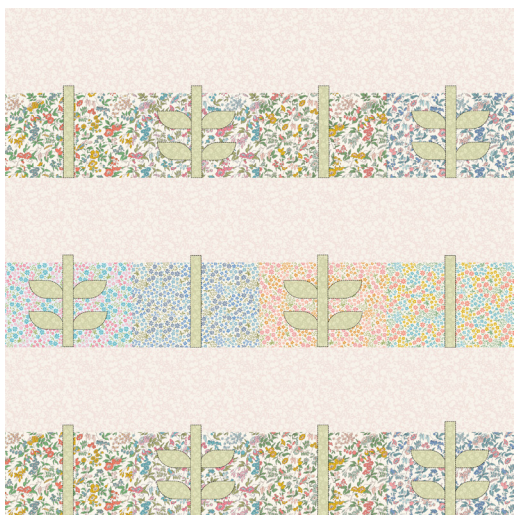


Fig 4

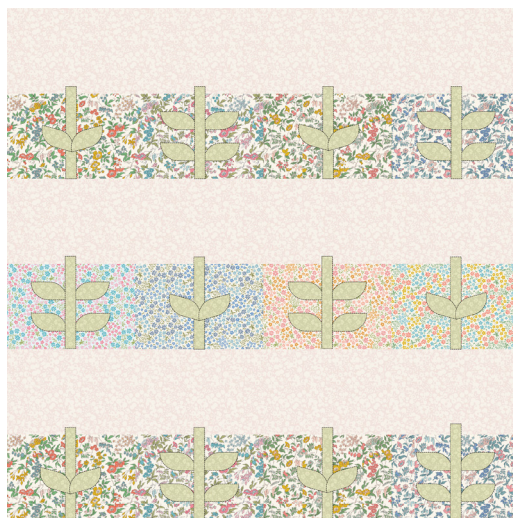


Fig 5

STEP 16 - Take the flowers you have prepared in step 10 and place and press in place using the layout diagram below (Fig 6).



Fig 6

STITCHING DOWN THE APPLIQUÉ

STITCHES - Depending on your machine you may have a choice of stitches in varying widths. Make sure you attach a wide foot, ideally an open foot so that you can easily see the edges of the fabric. I like to use a simple blanket stitch but you can experiment with different stitches or free-motion around the edge of the pieces for a hand drawn look.

THREAD - When choosing thread, the thicker the thread the more it will stand out. So, if you want a subtle stitch line choose a thin thread, such as Aurifil 80wt, but if you would like contrast in texture then use a thicker thread such as Aurifil 28wt.

ORDER - I like to start with the pieces that are furthest back, so for flower 1 that is the petals. You do not need to stitch where the shape goes under another piece.

STEP 17 - To start stitching line up the edge of the appliqué with the centre of the foot, the centre marker on the foot will help you to keep it in line. If you are using a Side stitch, like a blanket stitch then, if your machine will allow, you can move the needle over to the edge of the foot and use this as your marker.

STEP 18 - Bring up the bobbin thread and then start stitching around the appliqué shape. When sewing around a tight curve or corner leave your needle down and lift your presser foot. Once lifted you can manoeuvre the fabric without moving the needle. Once you have the fabric where needed, put the presser foot down and continue stitching.

STEP 19 - When you come to the end of the appliqué shape lock stitch and trim away any excess thread.

STEP 20 - Stitch all of the flowers, stalks and leaves down to finish the top.

FINISHING THE TOP

STEP 21 - The backing fabric is pieced using rectangles from the collection. This will give you a 40½" square backing piece.

Row 1 - Top row

- * 14½" x 11½" Poppy Breeze D
- * 12½" x 11½" Flower Keepsakes A
- * 14½" x 11½" Bumble Trellis A

Row 2 - Second row

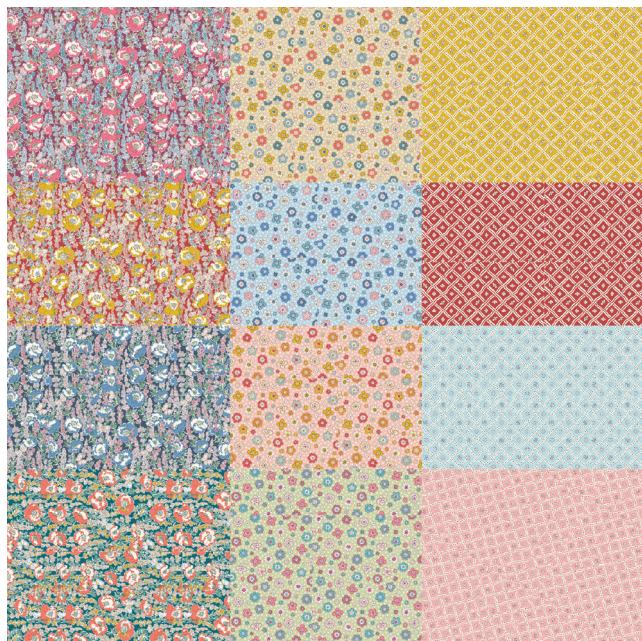
- * 14½" x 9½" Poppy Breeze B
- * 12½" x 9½" Flower Keepsakes C
- * 14½" x 9½" Bumble Trellis B

Row 3 - Third Row

- * 14½" x 9½" Poppy Breeze C
- * 12½" x 9½" Flower Keepsakes B
- * 14½" x 9½" Bumble Trellis C

Row 4 - Bottom Row

- * 14½" x 11½" Poppy Breeze A
- * 12½" x 11½" Flower Keepsakes D
- * 14½" x 11½" Bumble Trellis D



STEP 22 - Press the quilt top and backing fabric well and then baste using your preferred method.

STEP 23 - Quilt as you prefer.

STEP 24 - Cut your 2½" binding strips, you will need four (4) WOF strips to make the binding. Prepare your binding and then attach using your preferred method.

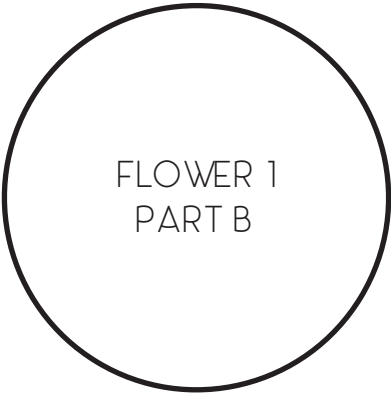
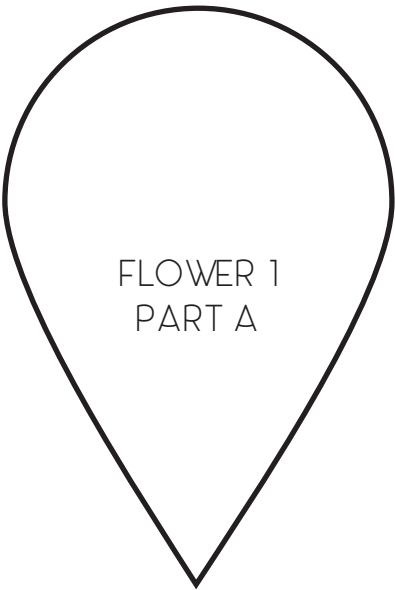
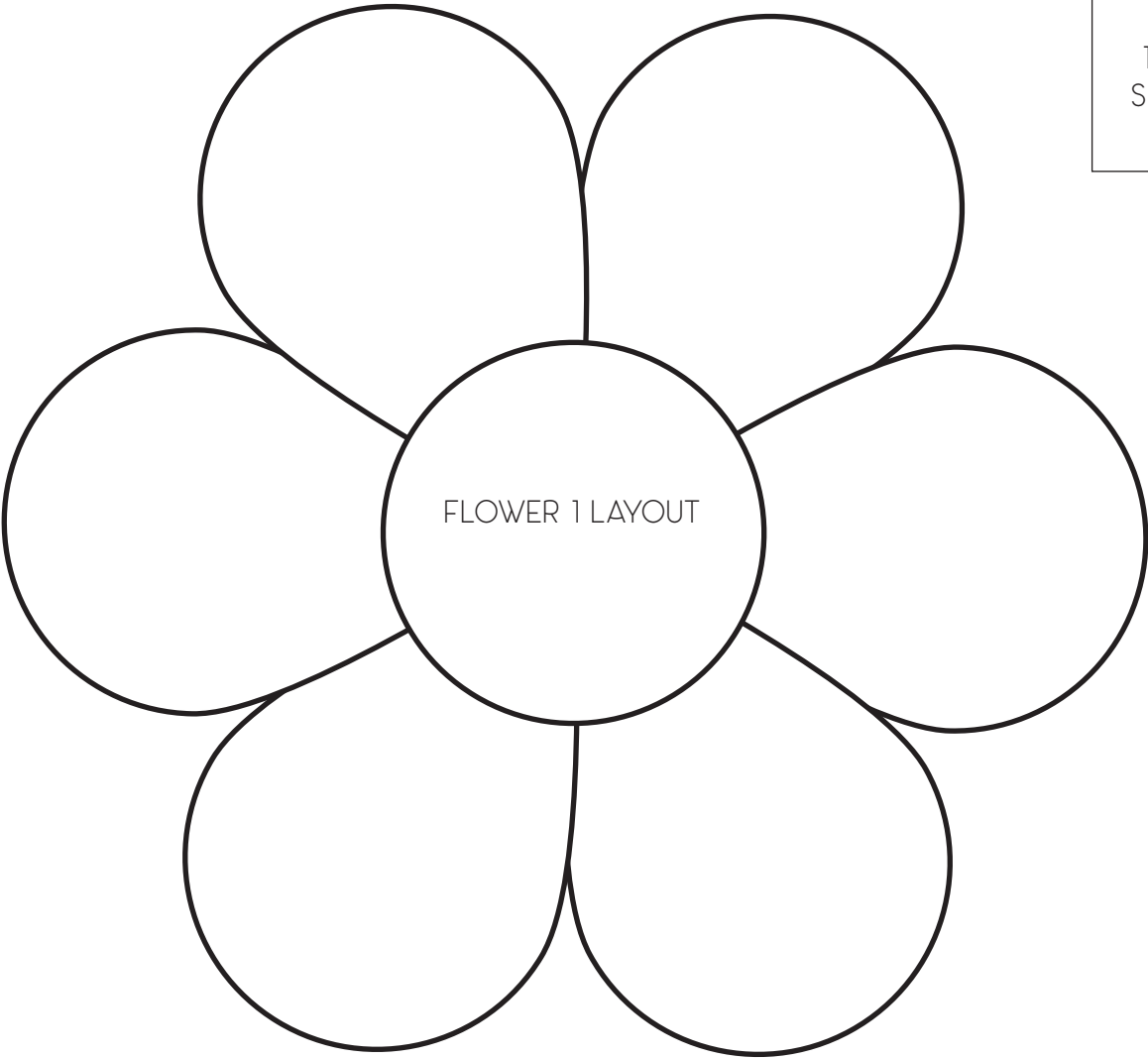
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Until next time Bye!



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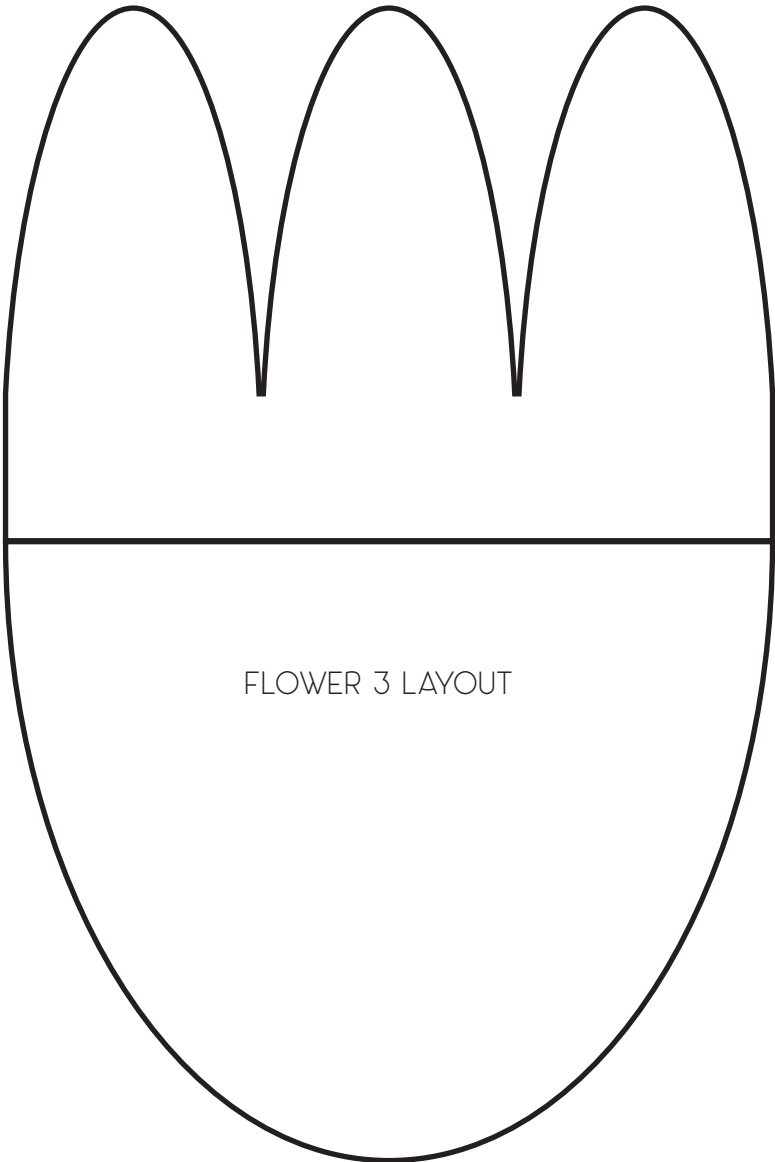
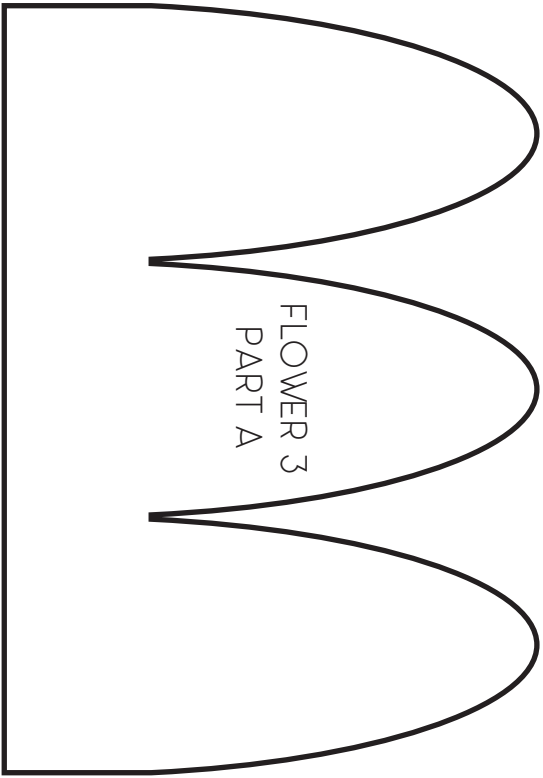
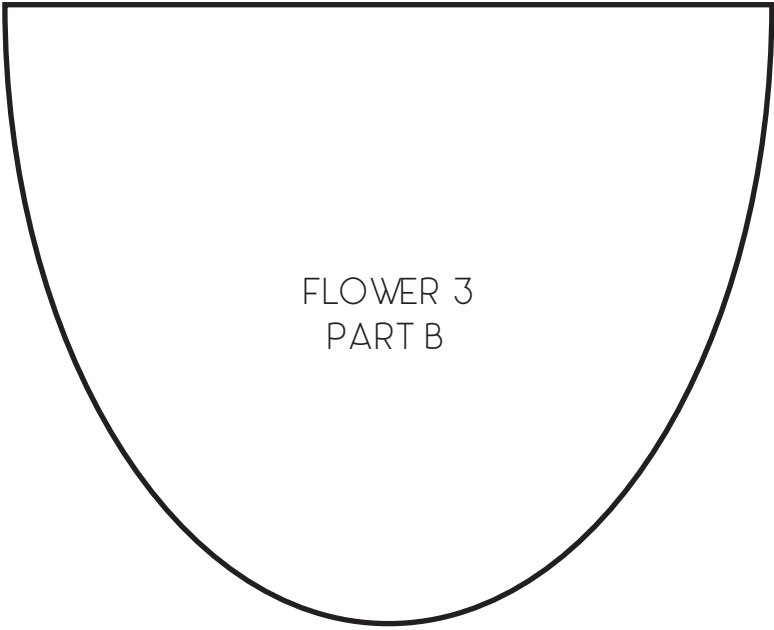


1" TEST
SQUARE

FLOWER 2 LAYOUT

FLOWER 2
PART B

FLOWER 2
PART A



1" TEST
SQUARE

FLOWER 4 LAYOUT

FLOWER 4
PART B

LEAF 2
PART B

LEAF 2
PART A

