

Royal Posies

MATERIALS:

56" x 66" Quilt

10 Fat Quarters of Liberty *Palace Gardens*, one each of the A (lemon & blue) & D (green) prints
3 yds of *York Fern* background fabric in twilight
1¾ yds Liberty *Emily Blossom* wide width backing in mermaid
64" x 74" piece of cotton batting
2 yds of Liberty *Palace Gardens* Regal Stripe D (green) print for the wide binding*

*or ½ yd for standard ½" wide binding

Showcase your prettiest prints in a quilt fit to grace the most regal garden party

{Cover project made in Palace Gardens by Liberty Fabrics and quilted by Pascale Thornton at Watson & Thornton}

©CakeStand Quilts, April 2025



CakeStand
QUILTS



www.cakestandquilts.com

Royal Posies



Royal Posies

Please read through the pattern before you begin, assuming a $\frac{1}{4}$ " seam allowance and a fabric width (WOF) of 42". Pattern Corrections can be found on my website www.cakestandquilts.com along with helpful tutorials on my blog.

CUTTING:

1. From each of the 3 lemon Fat Quarters (Petal Crown A, Royal Posies A & Stately Gardens A), cut 2 $4\frac{1}{2}$ " x 21" strips and subcut 2 $4\frac{1}{2}$ " x $6\frac{1}{2}$ " pieces and 4 $4\frac{1}{2}$ " squares; then cut 3 $2\frac{1}{2}$ " x 21" strips and subcut 20 $2\frac{1}{2}$ " squares.
2. From each of the 2 blue Fat Quarters (Buckingham Blooms A & Regal Stripe A), 3 $3\frac{1}{2}$ " x 21" strips and subcut 24 $2\frac{1}{2}$ " x $3\frac{1}{2}$ " pieces; then cut 1 $2\frac{1}{2}$ " x 21" strips and subcut 3 $2\frac{1}{2}$ " x $6\frac{1}{2}$ " pieces.
3. Choose 3 green Fat Quarters (I chose Buckingham Blooms B Petal Crown B, & Regal Stripe B), from each cut 4 $4\frac{1}{2}$ " x 21" strips and subcut 16 $4\frac{1}{2}$ " squares. Cut carefully as you will use most of the Fat Quarter.
4. From the remaining 2 green Fat Quarters (Royal Posies B & Stately Gardens B), cut 3 $4\frac{1}{2}$ " x 21" strips and subcut 12 $4\frac{1}{2}$ " squares.
5. From the background fabric cut as follows: -

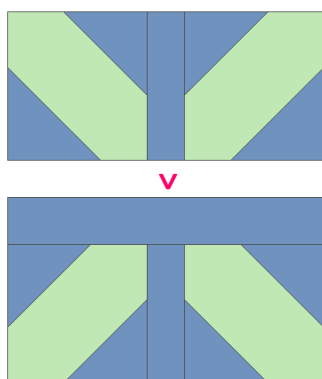
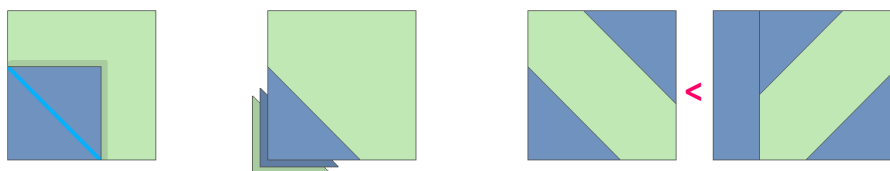
CUT	SUBCUT
<u>6</u> $4\frac{1}{2}$ " x WOF strips and set them aside for the border	
<u>1</u> $3\frac{1}{2}$ " x WOF strips	<u>10</u> $3\frac{1}{2}$ " squares
<u>9</u> $2\frac{1}{2}$ " x WOF strips	<u>144</u> $2\frac{1}{2}$ " squares
<u>6</u> 2" x WOF strips and set them aside for the vertical sashing	
<u>24</u> $1\frac{1}{2}$ " x WOF strips	<u>28</u> $1\frac{1}{2}$ " x $8\frac{1}{2}$ " pieces
	<u>10</u> $1\frac{1}{2}$ " x $6\frac{1}{2}$ " pieces
	<u>36</u> $1\frac{1}{2}$ " x 4" pieces
	<u>48</u> $1\frac{1}{2}$ " x $3\frac{1}{2}$ " pieces
	<u>48</u> $1\frac{1}{2}$ " x $2\frac{1}{2}$ " pieces
	<u>96</u> $1\frac{1}{2}$ " squares

6. If you are using a standard binding, cut 7 $2\frac{1}{2}$ " x WOF strips. If you are making the feature wide binding, there are directions for cutting the length of fabric strips required at the end of the pattern.

PIECING THE LEAF BLOCKS:

To make each leaf block you will need to choose 4 matching 4" green squares.

7. To make a leaf unit, mark a diagonal line on the back of a $2\frac{1}{2}$ " background square and pin, right sides together, to the corner of a 4" square. Stitch ON the line, flip 'open' and press – to **snowball** the corner - trimming away the back layers. Then snowball the opposite corner in the same way. **MAKE 4**



8. To assemble the block, join a leaf unit to each side of a $1\frac{1}{2}$ " x 4" background square. **MAKE 2**

Then join the 2 pairs of leaf units to each side of a $1\frac{1}{2}$ " x $8\frac{1}{2}$ " background piece.

Your block should measure $8\frac{1}{2}$ " square.

MAKE 18

PIECING THE POSY BLOCKS:

To make each Posy block you will need to choose 5 $2\frac{1}{2}$ " matching lemon squares and 4 $2\frac{1}{2}$ " x $3\frac{1}{2}$ " matching blue pieces.

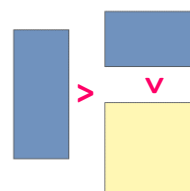


9. To make the blue petals, snowball both top corners of a $2\frac{1}{2}$ " x $3\frac{1}{2}$ " piece with $1\frac{1}{2}$ " background squares.

MAKE 4

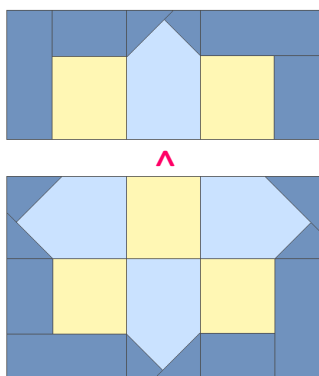
10. To make the lemon petals, join a $1\frac{1}{2}$ " x $2\frac{1}{2}$ " background piece to the top of a $2\frac{1}{2}$ " lemon square and a $1\frac{1}{2}$ " x $3\frac{1}{2}$ " piece to the side, pressing away from the background.

MAKE 4



11. To assemble the block, first join a blue petal to each side of a $2\frac{1}{2}$ " lemon square, pressing towards the lemon.





Next join a yellow petal to each side of a blue petal, pressing towards the lemon. **MAKE 2**

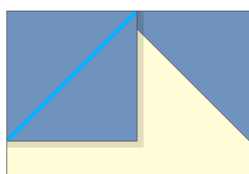
Then join the three rows together, pressing away from the middle row.

Your block should measure $8\frac{1}{2}$ " square.

MAKE 12

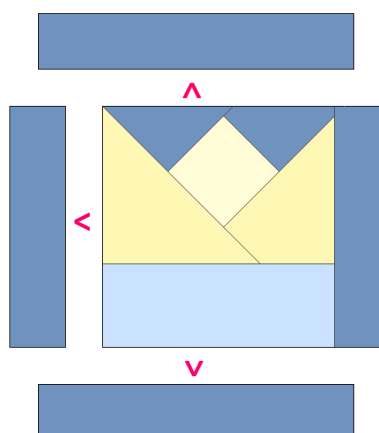
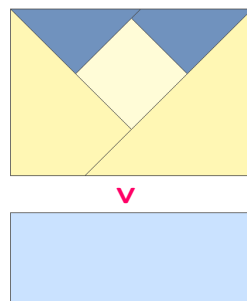
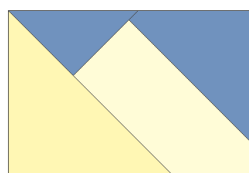
PIECING THE CROWN BLOCKS:

To make each Crown block you will need to choose 2 matching $4\frac{1}{2}$ " lemon squares, a contrasting $4\frac{1}{2}$ " x $6\frac{1}{2}$ " lemon piece and a $2\frac{1}{2}$ " x $6\frac{1}{2}$ " blue piece.



12. To create the top of the crown, snowball both top corners of a $4\frac{1}{2}$ " x $6\frac{1}{2}$ " contrast lemon piece with $3\frac{1}{2}$ " background squares.

13. Next, snowball both bottom corners with $4\frac{1}{2}$ " lemon squares, then join the $2\frac{1}{2}$ " x $6\frac{1}{2}$ " blue piece to the bottom, pressing as directed (>).



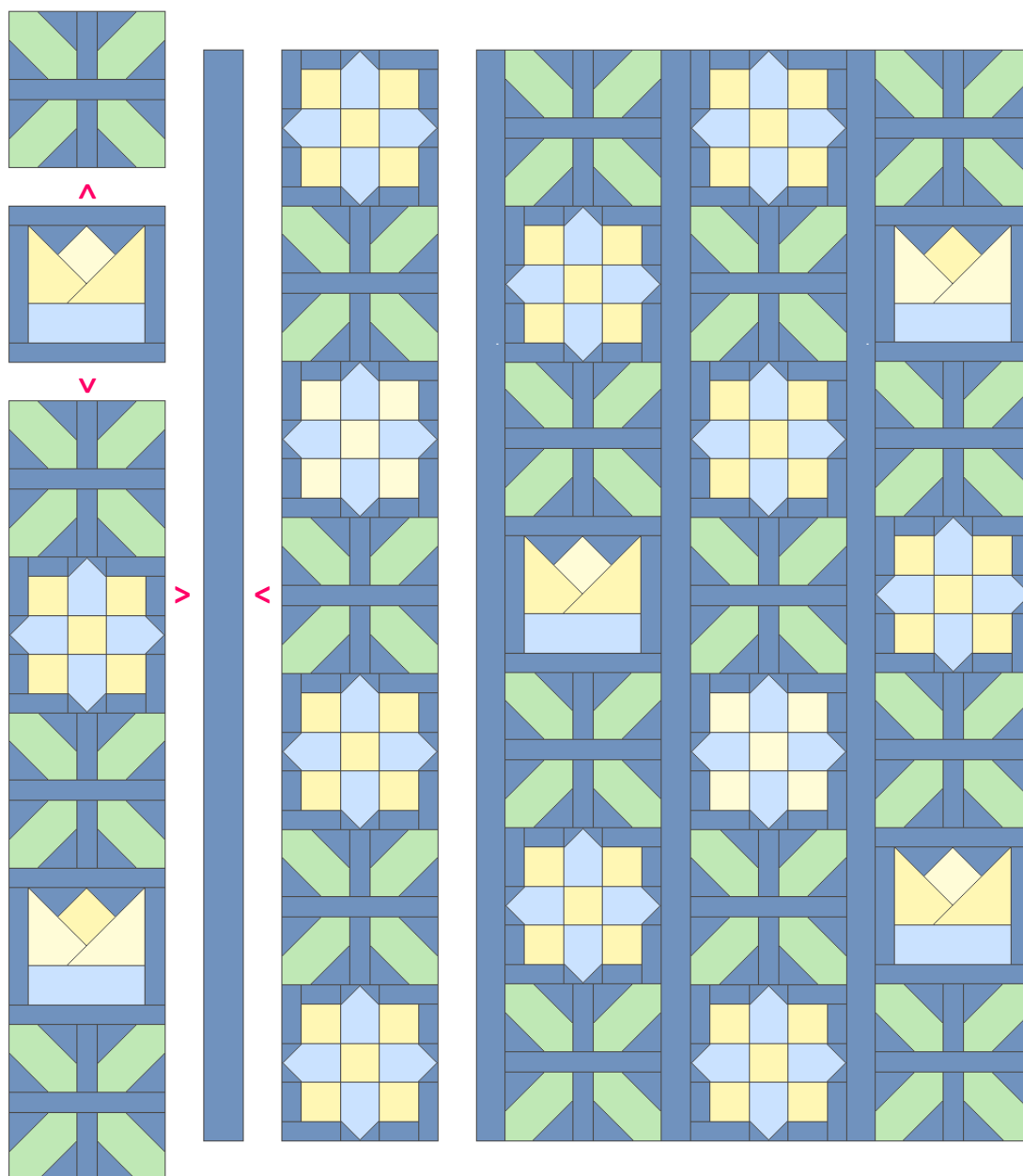
14. Join a $1\frac{1}{2}$ " x $6\frac{1}{2}$ " background piece to each side and a $1\frac{1}{2}$ " x $8\frac{1}{2}$ " background piece to the top and bottom, pressing away from the crown.

Your block should measure $8\frac{1}{2}$ " square.

MAKE 5

ASSEMBLING THE QUILT:

15. Assemble the quilt centre in 5 columns of 7 blocks, pressing towards the leaf blocks. Join the columns, alternating them with 2" background vertical sashing - joining strips with an open seam to make longer lengths - and pressing towards the sashing.



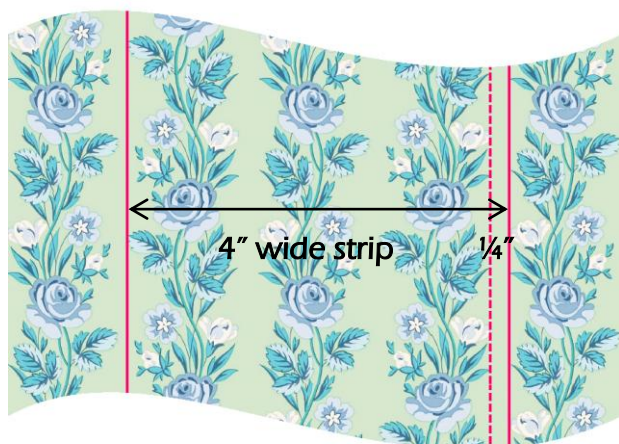
16. Add the 4½" background outer borders to the quilt centre – sides first, then top and bottom – again, joining strips with an open seam to make longer lengths where needed and pressing towards the border.

17. Trim the wide backing to 64" x 74".

18. Sandwich the batting between the backing and the quilt top, baste, then machine or hand quilt, extending the quilting into the batting 1" around the perimeter of the quilt.

CREATING THE WIDE BINDING:

The wide binding created for this quilt was designed to capture the vertical bands of roses and leaves in the *Regal Stripe* print.



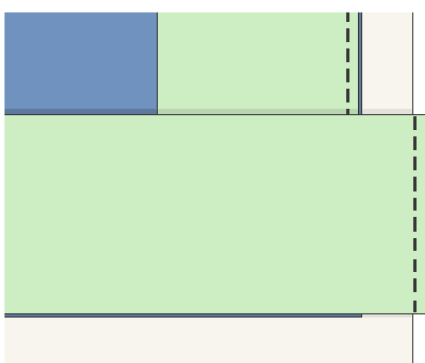
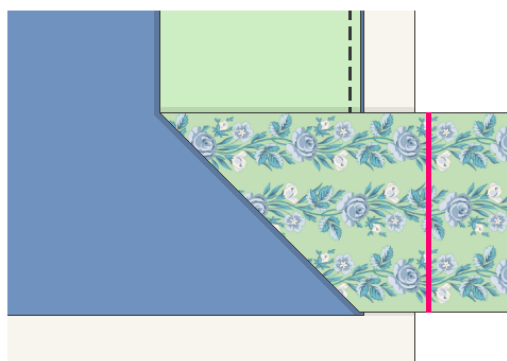
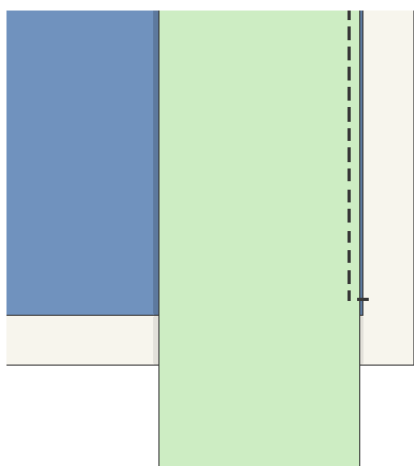
14. To cut the 72" length of fabric strips, first line up the dashed line on your ruler - denoting the $\frac{1}{4}$ " seam allowance - with the vertical rose motif and cut the first edge. **This will be the leading edge.**

Then measure 4" away from the leading edge and cut the strip.

CUT 4 4" x 72" strips, one for each side of the quilt.

15. Trim the excess batting $\frac{7}{8}$ " away from the quilt edge, leaving a margin of quilted batting $\frac{7}{8}$ " wide around the perimeter.

16. Centre a binding strip on one side of the quilt, right sides together and align the leading edge with edge of the quilt top (not the batting). Starting approximately 6" away from the first corner, stitch down with a $\frac{1}{4}$ " seam, finishing $\frac{1}{4}$ " away from the second corner. Backstitch or make a few perpendicular stitches into the batting.



17, To create the mitred corner, fold the binding away from the corner at 45° so that the leading edge aligns with the next side of the quilt. Trim the strip $\frac{1}{4}$ " away from the edge of the batting, as shown above.

Then join the second binding strip with a $\frac{1}{4}$ " seam, ensuring that its leading edge is aligned with the edge of the quilt. Note that you may need to pin the batting out of the way.

18. Repeat with the two remaining strips and after joining the last strip to the first, stitch down the remaining 6" of the first side, stitching towards the corner to avoid puckers.

19. Press the binding away from the quilt centre and fold it over the edge of the batting.

20. From the back of the quilt, fold the binding in half towards the edge of the quilt. Pin or glue-baste the folded edge before hand stitching in place. Take some care to mitre and stitch down the corners.

21. If you are using a standard binding, join the binding strips end-to-end and press in half, wrong sides together, along the whole length. Trim away excess batting and background - taking the opportunity to ensure your corners are square - and bind the raw edge using your preferred method.

You can find mine on my blog at www.cakestandquilts.com

