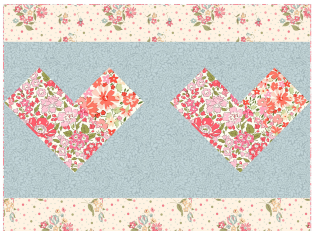
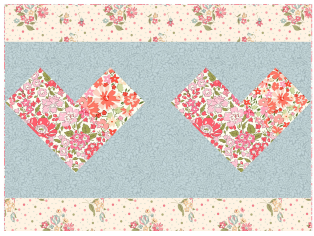
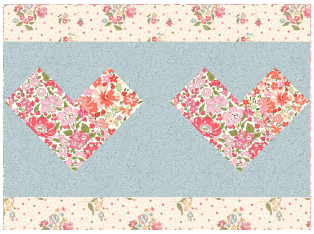
Romantic dinner set

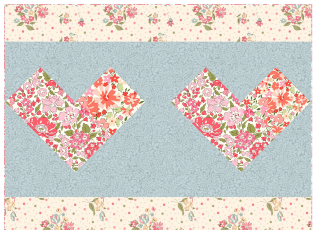
Table set pattern by Lou Orth Designs











Lou Orth Designs

Notes

This is a pattern for a table runner and placemat.
Supplies and cutting instructions are given for 1 table runner and 4 placemats.

Pieced seam allowances are a scant ¼", unless otherwise stated.

Read through instructions fully before starting your project.

Press all fabrics well before cutting and press between steps. I prefer to press seams to the side, but you can also press your seams open.

FE = Fat Eighth
WOF = Width of fabric

Finished sizes:
Table runner: 48" x 11"
Placemat: 13" x 9 ½"

Supplies - Table runner



	York Fern, Misty Blue	1 metre
	Glen Lyons Blooms, C	1 FE
	Velasco Meadow, C	1 FE
	Molly Rose A	1 FE
	Molly Rose C	1/4 metre
	Backing fabric, any	1 metre
	Batting	54" x 15" (135cm x 38cm)

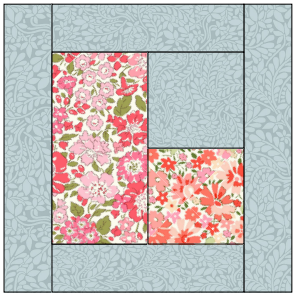
Cutting - Table runner

York Fern, Misty Blue	5″ square (x 8) 3 ½″ square (x 2) 2″ square (x 16) 12″ x 1 ½″ (x 2) 4 ½″ x 1 ½″ (x 14) 2 ½″ x 1 ½″ (x 14) 4 ½″ x 1″ (x 32) 3 ½″ x 1″ (x 32)
Glen Lyons Blooms, C	3 ½″ x 2″ (x 16)
Velasco Meadow, C	2″ square (x 16)
Molly Rose A	2 ½″ square (x 7)
Molly Rose C	WOF x 2 ½″ strips (x 8) for binding

Assembly - Table runner

Making the heart blocks
Total number of blocks required: 16
For **each** heart block, you will need:

Fig. 1



York Fern, Misty Blue:
2″ square (x 1)
4 ½″ x 1″ (x 2)
3 ½″ x 1″ (x 2)

Glen Lyons Blooms, C:
3 ½″ x 2″ (x 1)

Velasco Meadow, C:
2″ square (x 1)

1. Join one York Fern Misty Blue, 2″ square to one Velasco Meadow C, 2″ square and press. (Fig. 2)

2. Attach one Glen Lyons Blooms C, 3 ½″ x 2″ rectangle to the left of the unit sewn in step 1 and press. (Fig. 2) and (Fig. 3)

3. Attach one York Fern Misty Blue, 3 ½″ x 1″ rectangle to both the top and bottom of the unit sewn in step 2 and press. (Fig. 4)

4. Attach one York Fern Misty Blue, 4 ½″ x 1″ rectangle to both the left and right of the unit sewn in step 3 and press. (Fig. 4)

This is the finished heart block. Complete as many as required and set aside.

Fig. 2

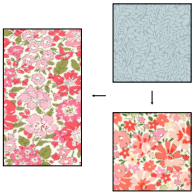
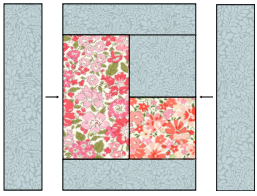


Fig. 3

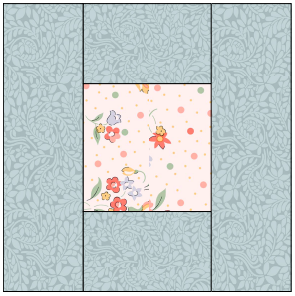


Fig. 4



Making the centre blocks
Total number of blocks required: 7

Fig. 5



For **each** centre block, you will need:

York Fern, Misty Blue:
4 ½" x 1 ½" (x 2)
2 ½" x 1 ½" (x 2)

Molly Rose A:
2 ½" square (x 1)

1. Attach one York Fern Misty Blue, 2 ½" x 1 ½" rectangle to both the top and bottom of one Molly Rose A, 2 ½" square. (Fig. 6)

2. Attach one York Fern Misty Blue, 4 ½" x 1 ½" rectangle to both the left and right of the unit sewn in step 1 and press. (Fig. 6)

This is the finished centre block. Complete as many as required and set aside.

Fig. 6

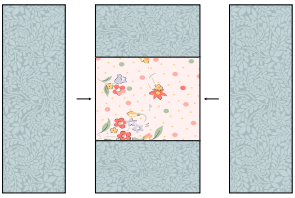
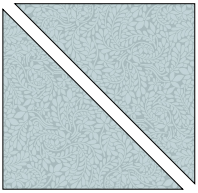


Fig. 7



Assembling the rows
1. Take all the York Fern Misty Blue, 5" squares and 3 ½" squares and cut in half diagonally, to create two triangles. (Fig. 7)

The triangles created from the 5" square will be referred to as the large triangles and the triangles created from the 3 ½" square will be referred to as the small triangles.

2. Use Fig. 8 to guide you in orientating your blocks and triangles and creating 9 separate rows.

Row 1 - Attach 1 large triangle either side of 1 heart block, press, then centre and attach 1 small triangle on top.

Row 2 - Attach 1 heart block to either side of 1 centre block, then centre and attach 1 small triangle to the left side and 1 large triangle to the right side.

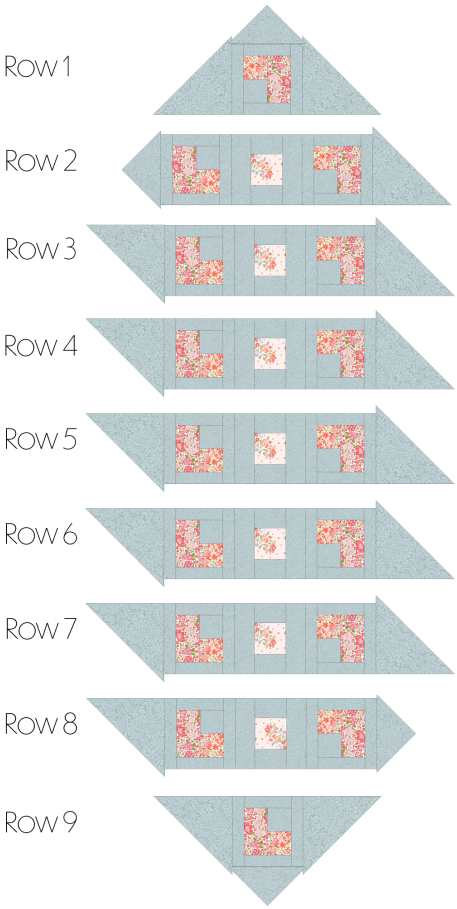
Rows 3-7 - Attach 1 heart block to either side of 1 centre block, then centre and attach 1 large triangle to either side.

Row 8 - Attach 1 heart block to either side of 1 centre block, then centre and attach 1 small triangle to the right side and 1 large triangle to the left side.

Row 9 - Attach 1 large triangle either side of 1 heart block, press, then centre and attach 1 small triangle to the bottom.

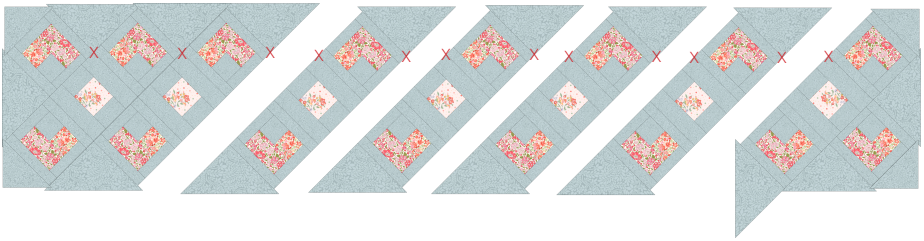
Once complete press all rows well.

Fig. 8



3. Use Fig. 9 to guide you in joining the rows together.
Line up the blocks so that seams meet and the centre blocks create a row in the middle, see the "x" for additional guidance .

Fig. 9



4. Press well and then trim the panel to 1/4" beyond the edges of the blocks. (Fig. 10)

5. Attach one York Fern, Misty Blue 12" x 1 ½" rectangle to either side of the trimmed panel and press to complete the table runner top. (Fig. 11)

Fig. 10

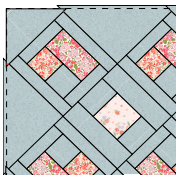


Fig. 11



Finishing your table runner

1. Make a quilt sandwich by basting your backing, batting and top (with the wrong side of your top and backing facing the batting in the middle.)
You can baste your layers together using basting pins, adhesive spray or large tacking stitches.

2. Quilt as desired then trim away excess batting and backing.

3. Take your Molly Rose C, WOF x 2 ½" strips and join together along the short edge.
Press this strip in half length ways, wrong sides together, to create your binding.

4. Line up the raw edge of the binding with the raw edge of the table runner front and attach using a ¼" seam allowance.

5. When you have finished, fold the binding around the raw edge of the table runner to the back and hand stitch in place.

Congratulations!! You have now completed your table runner.

Design by Lou Orth Designs 2025
www.louorthdesigns.com

Supplies - Placemat



	York Fern, Misty Blue	1/2 metre
	Glen Lyons Blooms, C	1 FE
	Velasco Meadow, C	1 FE
	Molly Rose C	1 FE
	Emily Belle, Watermelon	1/2 metre
	Backing fabric, any	3/4 metre
	Batting	65″ x 12″ (163cm x 30cm)

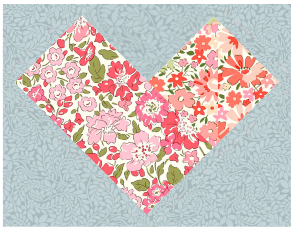
Cutting - Placemat

York Fern, Misty Blue	4" square (x 16) 2 ½" square (x 8) 13" x 1 ½" (x 8) 4 ½" 1 ½" (x 4)
Glen Lyons Blooms, C	4 ½" x 2 ½" (x 8)
Velasco Meadow, C	2 ½" square (x 8)
Molly Rose C	2" x 13" (x 8)
Emily Belle, Watermelon	WOF x 2 ½" strips (x 6) for binding

Assembly - Placemat

Assembly instructions are for 1 placemat.

Fig. 1



Making the heart blocks
Total number of blocks required per placemat: 2

For **each** heart block, you will need:

York Fern, Misty Blue:
2 ½" square (x 1)

Glen Lyons Blooms, C:
4 ½" x 2 ½" (x 1)

Velasco Meadow, C:
2 ½" square (x 1)

Assembling the placemat

1. Join one York Fern Misty Blue 2" square to one Velasco Meadow C, 2" square and press. (Fig. 2)

2. Attach one Glen Lyons Blooms C, 3 ½" x 2" rectangle to the left of the unit sewn in step 1 and press. (Fig. 2)

3. Take the York Fern Misty Blue, 4" squares and cut in half diagonally, to create two triangles. (Fig. 3)

Fig. 2

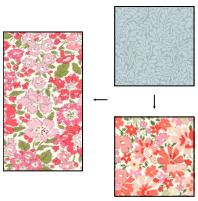


Fig. 3

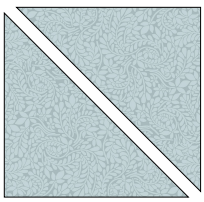


Fig. 4

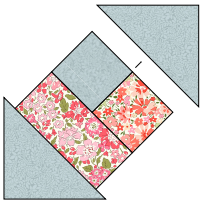
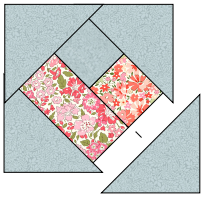


Fig. 5



4. Attach one triangle to both the top right and bottom left corners and press. Then attach another triangle to both the top left and bottom right and press. (Fig. 4) and (Fig. 5)

5. Press well and then trim the panel to 1/4" beyond the points of the heart block. (Fig. 6)

6. Repeat steps 1-5 to repeat a second heart block.

7. Attach a York Fern Misty Blue, 4 ½" 1 ½ rectangle in between the two heart blocks and press.

8. Attach a York Fern Misty Blue, 13" x 1 ½" rectangle to both the top and bottom of the unit created in step 7 and press.

9. Attach a Molly Rose C, 13" x 2" rectangle to both the top and bottom of the unit created in step 8 and press to complete your placemat top.

Fig. 6



Fig. 7

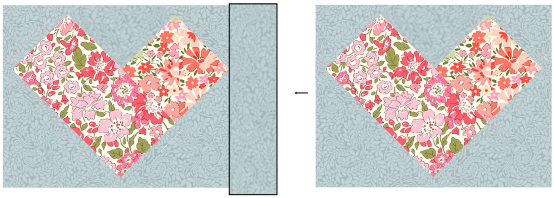


Fig. 8

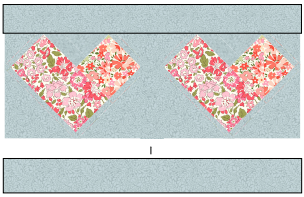
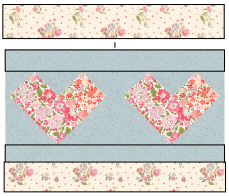


Fig. 9



Finishing your placemat

1. Make a quilt sandwich by basting your backing, batting and top (with the wrong side of your top and backing facing the batting in the middle.)
You can baste your layers together using basting pins, adhesive spray or large tacking stitches.

2. Quilt as desired then trim away excess batting and backing.

Take your Emily Belle Watermelon, WOF x 2 ½" strips and join together along the short edge.
Press this strip in half length ways, wrong sides together, to create your binding.

3. Line up the raw edge of the binding with the raw edge of the placemat front and attach using a ¼" seam allowance.

4. When you have finished, fold the binding around the raw edge of the cushion to the back and hand stitch in place.

Congratulations!! You have now completed your placemat.
Repeat the process to create as many placemats as required.

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